

## “He-Man” Competition Rules

- A. Contestants must be at least 18 years of age.
- B. Entry fee of \$10.00 per couple MUST accompany entry form and once accepted, will not be refunded for any reason.
- C. All decisions reached by judges and official are final! No protest will be allowed.
- D. Ties: In case of ties in the events, the points will be added and split. In case of a tie for “He-Man”, the contestants with the most event wins will win.
- E. Point Tabulation: Each event will award points as follows:
  - 1<sup>st</sup> 15 points
  - 2<sup>nd</sup> 12 points
  - 3<sup>rd</sup> 10 points
  - 4<sup>th</sup> 7 points
  - 5<sup>th</sup> 6 points

Contestants with the most overall points will be the 2011 Loudoun County Fair Super Farmer.

### Events:

1. BALE THROW: Each contestant will select his own bale of hay from a stack. Each bale will be of approximately the same size and weight. A crossbar will be set and each contestant will have two throws at each height if needed. If crossbar is knocked off on both throws, the next lowest height cleared will be the measurement counted.
2. BALE TOSS: Female partner will toss a straw bale for distance. Each contestant will have three (3) attempts and the distances will be added for total feet.
3. WHEEL BARREL SLALOM: Female partner pushes male partner around slalom poles to finish line for fastest time.
4. STEEL POST DRIVING: Each contestant will pick out his own steel post. Driver will be provided. At the signal, the contestant will run to a designated area and drive the steel post into the ground to a mark on the post, then run back across the start line.
5. SATURDAY NIGHT HUSSLE: Each couple must complete a series of chores and then get ready for a night on the town.
6. EGG GATHERING: There will be two nests of eggs, three eggs in each. The male contestant will gather the eggs and run back to the start line. In each set of 6 eggs, one will be hard-boiled. The female contestant must crack that hard-boiled egg on her partner's head. There will be a five-second penalty for each cracked egg that is not hard-boiled. Time stops when the hard-boiled egg is cracked.
7. HAY STACKING: Each contestant will have a stack of hay bales he must move from one pallet to another. The contestant will have 30 seconds to re-stack the hay. The most bales re-stacked in that time wins. In case of ties, a stack off will occur.
8. WIFE CARRY: Contestants must carry their female partner through a short obstacle course. Contestants may carry the partner however he chooses.